







2017	Monday 19/06/17	Tuesday 20/06/17	Wednesday 21/06/17	Thursday 22/06/17	Friday 23/06/17
Morning snacks 	Cereal, fruits & milk	Pancake, fruits & milk	Ham melt, fruits & milk	Biscuit, fruits & milk	Cereal, fruits & milk
Salads 	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Main Western 	Meat pie	Roasted pork with paprika sauce	Arroz con pollo (Chicken)	Grilled pork with herbs	Taco (Chicken)
Main Western 	Grilled fish with garlic	Fried fish with margarita	Seafood thermidor	Marinated fish	Poached fish with morney
Main Thai 	Red curry with grilled chicken	Stir fried squid with young chilli	Grilled pork with ginger (Japanese style)	Fried chicken with garlic & pepper	Stir fried pork with black pepper
Main Thai 	Hong Kong noodles (Pork)	Braised chicken with shiitake	Coconut milk soup with fish	Thai omelet	Clear soup with beef
Vegetarian 	Red curry with tofu & protein	Stir fried protein with young chilli	Grilled tofu with ginger	Stir fried tofu with garlic	Vegetable wrap
Vegetarian 	Stir fried tofu with soya sauce	Fried tofu with red sauce	Stir fried mixed mushrooms	Fried tofu with sweet & sour sauce	Stir fried tofu with black pepper
Vegetarian (Indian)	Black eye & peas curry	Chana dal curry	Red beans curry	Split red lentil curry	Tomatoes & mushrooms
Vegetarian (Indian)	Potatoes with cumin	Green beans & carrots	Stir fried celery	Tofu kebab	Black lentil curry
Potatoes 	Mashed potatoes	Anna potatoes	Maxim potatoes	Roasted potatoes	Baked potatoes
Vegetables 	Baby corn, carrots & beans	Carrot sticks & snow peas	Broccoli & carrots	Braised cabbage	Mixed vegetables
Noodles 	Rice noodle soup with braised pork	Rice noodles in fish curry sauce	Udon noodle soup	Spicy noodle soup with chicken	Noodles in gravy
Fruits 	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Desserts 	Black jelly in syrup	Mixed ice desserts	Tab Tim Siam	Sago with sweet corn	-
Afternoon snacks 	Corn on cob	Small banana with yoghurt	Steamed bun	Ham or cheese sandwich	Ice cream

Menu

2017	Monday 26/06/17	Tuesday 27/06/17	Wednesday 28/06/17	Thursday 29/06/17	Friday 30/06/17
Morning snacks 	Cereal, fruits & milk	Pancake, fruits & milk			
Salads 	Salad bar	Salad bar			
Main Western 	Braised pork with tomato	Pork steak with pepper sauce			
Main Western 	Grilled fish with mushroom sauce	Fish with herb sauce			
Main Thai 	Chicken tonkatsu	Ham fried rice (Chicken)			
Main Thai 	Stir fried udon with crab sticks	Creamy seafood soup			
Vegetarian 	Deep fried protein	Tofu steak with pepper sauce			
Vegetarian 	Fried soft tofu with celery	Vegetable fried rice			
Vegetarian (Indian)	Chickpea & zucchini curry	Spinach fritters			
Vegetarian (Indian)	Mushroom & pea with cumin	Mong dal curry			
Potatoes 	Rosemary potatoes	Baked potatoes			
Vegetables 	Garden vegetables	Vichy carrots			
Noodles 	Rice noodle soup with pork balls	Rice noodle soup with shredded chicken			
Fruits 	Seasonal fresh fruits	Seasonal fresh fruits			
Desserts 	Tao thueng	Pineapple in syrup			
Afternoon snacks 	Corn on cob	Small banana with yoghurt			

Term Break