

Bangkok International Preparatory and Secondary School Menu

2010	Monday 06/09/2010	Tuesday 07/09/2010	Wednesday 08/09/2010	Thursday 09/09/2010	Friday 10/09/2010
Morning Snack 	Cereal and Fruits	Pancakes	Cereal and Fruits	Biscuits and cheese	Cereal and Fruits
Salad 	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Main Western 	Roast pork with pepper sauce	Combination pizza	Pork Dorchester	Braised beef	Pork Zurich
Main Western 	Pan fried fish with pesto	Chicken steak	Fish with garlic and butter	Swiss chicken	Fish and chips
Main Thai 	Grilled chicken	Stir-fried fish with black pepper	Thai omelette	Choo chee pla	Khao maan gai
Main Thai 	Geang som pak ruam	Egg tofu in clear soup	Chicken curry (Japanese style)	Stir-fried glass noodles	Marrow in clear soup
Vegetarian 	Tofu sam rod	Mushroom pizza	Tofu with yellow curry	Cho chee tofu	Baked steamed rice with pineapple
Vegetarian 	Tom kha pak	Stir-fried tofu with black pepper	Phad mee sua	Sesahai nam deang	Yam sam kasat
Potato 	Roast potatoes	Dice potatoes	Natural cut potatoes	Boiled potatoes	Home made french fries
Vegetable 	Carrot and peas	Garden vegetables	Butter vegetables	Cabbage caraway	Mixed vegetables
Pasta 	Pasta pesto	Penne with herb and basil	Pasta with ratatouille	Pasta with garlic and spinach	Pasta with cheese
Noodle 	Braised duck with noodles	Suki yaki	Fish balls with noodles	Braised beef with noodles	Beef balls with noodles
Fruit 	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Dessert 	Black jelly in syrup	Sago with cantaloupe	Pineapple with rambutan in syrup	Lod chong	Ice cream
Afternoon snack	Corn on the cob	Bananas	Steamed bun	Cheese and ham sandwiches	Chocolate croissant